

# **Division of Behavioral Health Services**

Cultural Competency Plan For 2008-2009

#### 2008-2009

Objective 1: Provide leadership to increase awareness and sensitivity to diverse populations and decrease behavioral health disparities

Lead Persons: Cultural Competency Advisory Committee Chair

| Steps   | Assigned Parties  | Completion Date and Product/Measure                                  | Status/progress update  – what was done and when, what remains to be done and by when will it be completed? | Additions/Modifications/<br>Completions/Deletions |
|---|---|--|---|---|
| Develop a work group to explore the feasibility of a conference or meeting on the importance of providing culturally and linguistically responsive services and increase awareness of disparities | Diversity and Inclusion Administrator and RBHA Cultural Specialists | Date: Oct. 31, 2008  Recommendations submitted to Advisory Committee |   |   |
| Development of conference or meeting highlighting the importance of providing culturally responsive services and increase awareness of disparities  | Diversity and Inclusion Administrator and RBHA Cultural Specialists | Date: Dec. 31, 2009  Conference or meeting scheduled                 |   |   |
| Develop Marketing Workgroup   | BHS Marketing<br>Specialist- Special<br>Projects                    | Date: Oct. 31, 2008  Work group members identified                   |   |   |

| Develop awareness marketing strategy as one strategy to increase knowledge of services available to members and potential members of diverse populations   | BHS Marketing<br>Specialist                          | Date: Dec. 31, 2008  Work group submits marketing strategy plan                                 |  |
|--|--|---|--|
| Explore development of formatted and scripted talking points for use in radio and available to all T/RBHAs to use as marketing strategy to increase knowledge and information on behavioral health services to members and potential members from diverse groups | BHS Marketing<br>Specialist                          | Date: Jan. 31, 2009  Recommendations and draft scripts with talking points available to T/RBHAs |  |
| Develop format for T/RBHAs quarterly cultural competency plan update and schedule to submit to Advisory Committee  | Diversity and Inclusion Administrator                | Date: Sept. 1, 2008  Format for RBHA Cultural Competency Quarterly Update Report Submitted      |  |
| Introduce the use of a screening tool and referral process for use by prevention providers with youth with behavioral health and substance abuse problem and referral to increase access to treatment for minority groups  | DBHS Prevention<br>Manager                           | Date: Dec. 31, 2008<br>Screening tool and<br>process submitted to<br>Advisory Committee         |  |
| Increase the number of youth screened in behavioral health and substance abuse who are participating within prevention programs to identify the potential need for behavioral health and substance abuse treatment services                                      | DBHS Prevention<br>Manager, RBHA<br>Cultural Experts | Date: July 15, 2009<br>Report on the number of<br>youth screened in<br>prevention programs      |  |

#### 2008-2009

# Objective 2: Support RBHAs in increasing their capacity to provide culturally and linguistically responsive services to and decrease behavioral health disparities

Lead Persons: Diversity Council Chair and Training Coordinator

| Steps  | Assigned Parties   | Completion Date and Product/Measure  | Status/Progress Update – what was done and when? | Completions |
|--|--|--|--|-------------|
| Quarterly report on usage of interpretation by RHBAs and their providers         | RBHA cultural specialists  | Date: Oct 15, 2008  Quarterly Report Utilization of Interpretation code submitted by each RBHA |  |             |
| Review and analyze the use of interpretation in regions                          | RBHA cultural specialists  | Date: July 15, 2009  Analysis and report submitted by each RBHA reviewing fiscal year          |  |             |
| Identify the specific elements for training content of staff on diverse cultures | RBHA cultural<br>specialists, T/RBHA<br>Native American<br>Liaisons and DBHS<br>training staff | Date: Dec. 28, 2008  List of training content elements   |  |             |

| Steps  | Assigned Parties   | Completion Date and Product/Measure   | Status/Progress Update – what was done and when? | Completions |
|--|--|---|--|-------------|
| Explore the possibility of using video/training and other methods for training for diverse cultures  Identify content experts for various trainings that can be used statewide to increase awareness of other cultures such as:  • Deaf and the Hard of Hearing, • GLBTQ • Native American • Asia and Pacific Islanders • African American • Hispanic/Latino • Blind and Visually impaired | RBHA cultural specialists, T/RBHA Native American Liaisons and DBHS training staff  RBHA cultural specialists, T/RBHA Native American Liaisons and DBHS training staff | Date: Dec. 28, 2008  Recommendations submitted to Committee  Date: Jan 31, 2009  List of content experts identified for each cultural group |  |             |
| Develop curriculum or method or opportunities for trainers on diverse groups listed above for staff to attend  | RBHA cultural<br>specialists, T/RBHA<br>Native American<br>Liaisons and DBHS<br>training staff   | Date: March 31, 2009  Recommendations submitted and method for how content experts identified will provide training                         |  |             |

| Steps   | Assigned Parties   | Completion Date and Product/Measure  | Status/Progress Update – what was done and when? | Completions |
|---|--|--|--|-------------|
| Explore revisions to the individual person cultural competency assessment   | RBHA Cultural experts  | Date: March 31, 2009  Recommendations submitted or method for how content experts identified will provide training |  |             |
| Development of curriculum or training on Native American Tribal Governments to inform staff on how to be responsive Native American culture and protocols   | T/RBHA Native<br>American Liaisons                             | Date: Jan 31, 2009  Curriculum or training content submitted to committee  |  |             |
|   |  |  |  |             |
| Identify the existing culturally appropriate strategies and programs currently available through each RBHA for each of the following ethnic and racial groups Native American Hispanic African American | RBHA Cultural<br>experts<br>T/RBHA Native<br>American Liaisons | Date: Sept 31, 2008  List of existing strategies and programs using DBHS format                                    |  |             |

| Steps  | Assigned Parties                                       | Completion Date and Product/Measure   | Status/Progress Update – what was done and when? | Completions |
|--|--|---|--|-------------|
| Increase the number of culturally appropriate strategies and programs currently available through each RBHA/provider to improve number of behavioral health recipients accessing behavioral health services for each of the following ethnic and racial groups Native American Hispanic African American                   | RBHA Cultural experts  T/RBHA Native American Liaisons | Date: May 31, 2009  List with increase in strategies and programs and report on increase in access                      |  |             |
| Increase the number of culturally appropriate strategies and programs currently available through each RBHA/provider to improve engagement and retention of behavioral health recipients receiving behavioral health services for each of the following ethnic and racial groups Native American Hispanic African American | RBHA Cultural experts  T/RBHA Native American Liaisons | Date: May 31, 2009  List with increase in strategies and programs and report on improvement on engagement and retention |  |             |

| Steps  | Assigned Parties        | Completion Date and Product/Measure  | Status/Progress Update – what was done and when? | Completions |
|--|-------------------------|--|--|-------------|
| RBHA to deveop interpretation and translation policy and language testing criteria   | T/RBHA Cultural experts | Date: Jan 1, 2009<br>RBHA interpretation and<br>translation policy and<br>language testing criteria<br>submitted to DBHS |  |             |
| RBHA analysis and report on the interpretation usage in their region                 | T/RBHA Cultural experts | Date: Jan 1, 2009<br>RBHA to submit a report<br>and analysis   |  |             |
| RBHA /provider to complete the cultural competency organizational assessment         | T/RBHA Cultural experts | Date: April 31, 2009 Completion of organizational assessment for all providers in each RBHA                              |  |             |
| RBHA to increase the percentage of staff completed DBHS Cultural Competency Training | T/RBHA Cultural experts | Date: June 1, 2009 Completion of organizational assessment for all providers in each RBHA                                |  |             |
| RBHA analysis and report of provider cultural competency organizational assessment   | T/RBHA Cultural experts | Date: May 31, 2009 Draft Report and Recommendations submitted to Advisory Committee                                      |  |             |

2008 - 2009

#### Objective 3: Increase use of data to communicate value of services and improved diversity outcomes

Lead Persons: QM manager and Diversity Council Chair

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|---|--|---|--|---|
| Steps   | Assigned Parties   | Completion Date and Product/Measure                                       | Status/Progress Update – what was done and when, what remains to be done and by when will it be completed? | Additions/Modifications/<br>Completions/Deletions |
| DDUC Diversity Depart pleased as  | Cultural   | Data: Nov. 15, 2000   |  |   |
| DBHS Diversity Report placed on Web and RBHA web sites                                | Cultural Competency Committee Chair and T/RBHA Cultural Specialist | Date: Nov. 15, 2008 Diversity report on Web                               |  |   |
| Deaf or Hard of Hearing Survey of<br>Providers placed on DBHS and<br>T/RBHA web sites | Cultural Competency Committee Chair and T/RBHA Cultural Specialist | Date: Nov. 15, 2008<br>Survey placed on Web                               |  |   |
| RBHA cultural competency organizational assessment placed on Web site                 | Cultural Competency Committee Chair and T/RBHA Cultural Specialist | Date: Nov. 15, 2008<br>RBHA organizational<br>assessment placed on<br>Web |  |   |